

# OPIOID AWARENESS

Zion Recovery Services would like to provide you with information about the Opioid epidemic that is devastating our country and provide you with valuable information and services available in the Southwest Iowa area.

## DID YOU KNOW

- Opioids are prescribed for pain reduction with most common being Codeine, Morphine, Hydrocodone(Vicodin), Oxycodone/Oxycontin, Hydromorphone(Dilaudid), Fentanyl, Heroin(illicit substance).
- Not everyone that takes an Opioid will become addicted to the substance. Everyone has the potential of becoming addicted if they do not take as prescribed, do not monitor use and or side effects, or take longer then intended by physician.
- 72/100 Iowans are prescribed an Opioid at any given time. Many of these Opioids go unused and remain in medicine cabinets which creates a Public Health concern or potential for abuse/dependency to occur.
- Narcan has been a proven tool in assisting with opioid overdoses and has become more accessible to Iowans free of charge. To learn more contact Zion Recovery Services, your local Pharmacy, <https://www.naloxoneiowa.org/> or <https://yourlifeiowa.org/>

## DISPOSE OF UNUSED RX

- It is very important for individuals and communities to know the resources in the area to assist in safe disposal of all medications.
- Contact your local Police Department/Sheriff's Department to assist in locating the closest drug drop box.
- Return any unused medications to your local pharmacy.
- Drug take back locator can be found at <https://odcp.iowa.gov/rxtakebacks>



### SPONSORED BY ZION RECOVERY SERVICES

If you or someone you know needs assistance, please contact us at **712-243-5091** for a confidential inquiry.

MAT services are currently available in our Atlantic Iowa location.

*We are here to help*